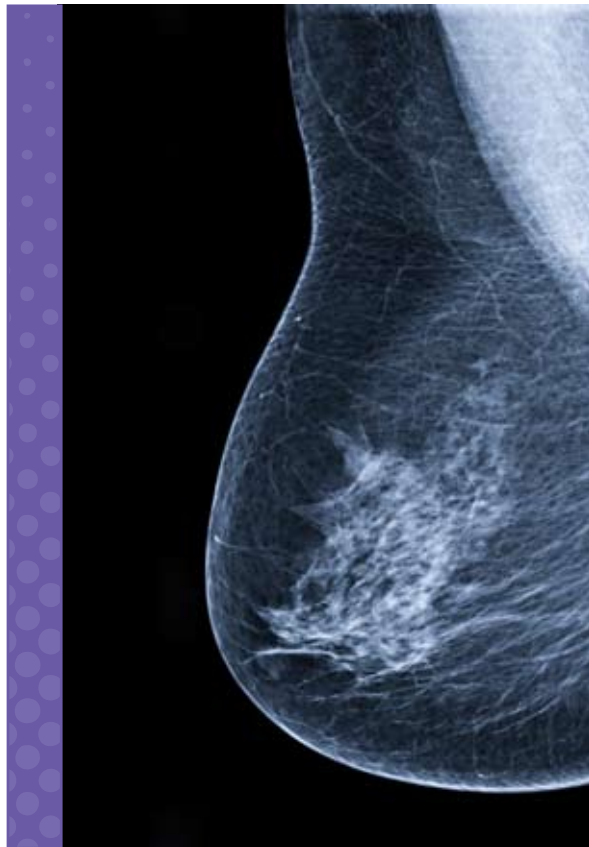


The radiologist on the day will examine the films and the next day a second radiologist will also examine them. Occasionally patients may be recalled on another day for additional views.

KEEPING FILMS

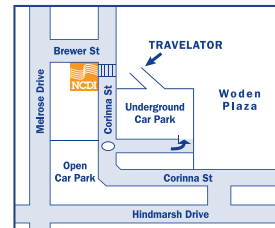
All mammogram x-rays should be kept so that they may be compared with each new examination. It is often a minor change in the appearance that leads to correct and early diagnosis.



If you have any further questions please do not hesitate to contact our practices.

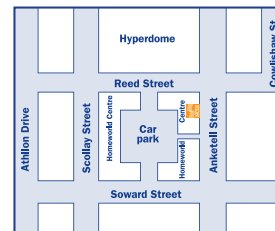


Mammography is available at Woden & Tuggeranong:



CORINNA CHAMBERS

36-38 Corinna St,
Woden ACT 2606
Ph: 6214 2222



TUGGERANONG

Suite 10a, Homeworld Centre
Anketell Street,
Tuggeranong ACT 2900
Ph: 6293 2922

Other NCDI sites:



CANBERRA SPECIALIST CENTRE

161 Strickland Crescent,
Deakin ACT 2600
Ph: 6124 1900



GEILS COURT

39 Geils Court,
Deakin ACT 2600
Ph: 6122 7878

Please bring your referral and any previous x-rays with you on the day of your examination.

MAMMOGRAPHY



Mammography is a safe, low-dose x-ray exam of the breasts to look for changes that are not normal

WHAT IS MAMMOGRAPHY?

Mammography, commonly known as a **mammogram** is a low dose x-ray technique which has been developed specifically for breast examination. It is one of the ways of detecting breast cancer at an early stage, before there are any signs or symptoms of disease. It is often performed in conjunction with an ultrasound examination of the breasts. However, not all breast cancers can be detected by mammography and/or ultrasound.

PREPARATION

If you experience significant breast discomfort prior to or during your period, it may be best to schedule your mammogram to avoid this time.

You should wear clothing that allows you to leave the bottom half on (e.g., slacks, shirt, half slip) but enables you to remove all your clothes on the upper part of your body. This will be better for privacy and warmth.

Do not wear any perfume, deodorant, talcum powder or body shimmer products as these can cause artefacts on the images.

When making your booking, we ask that you advise the receptionist if you have implants, so that additional time can be allocated for your appointment

PROCEDURE

You will be asked to stand in front of the x-ray machine. For the best mammogram pictures, it is necessary to compress (squeeze) the breast as flat as possible.

Some patients find the compression uncomfortable, however this is necessary in order to obtain optimum image quality.

Mammograms are one of the ways of detecting breast cancer at an early stage, before there are any signs or symptoms of disease.



COSTS

Medicare rebate is payable for patients who have particular clinical symptoms or who have a family history of breast cancer. The mammographer will go through a series of questions with you before the examination.

HOW LONG WILL THE PROCEDURE TAKE?

You should allow approximately 1 hour for the procedure.

You may be required to have an ultrasound after the mammogram. This is quite routine and assists with your mammogram diagnosis.