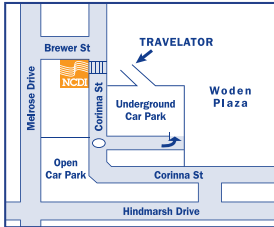


If you have any further questions please do not hesitate to contact our practices.



DEXA SCAN

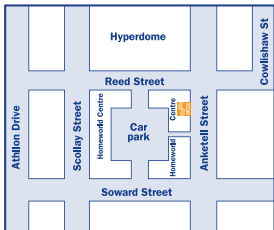
Dexa Scans are performed at Woden:



CORINNA CHAMBERS

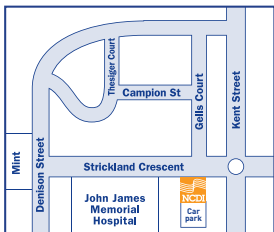
36-38 Corinna St,
Woden ACT 2606
Ph: 6214 2222

Other NCDI sites:



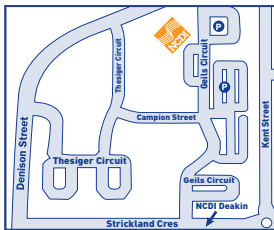
TUGGERANONG

Suite 10a, Homeworld Centre
Anketell Street,
Tuggeranong ACT 2900
Ph: 6293 2922



CANBERRA SPECIALIST CENTRE

161 Strickland Crescent,
Deakin ACT 2600
Ph: 6124 1900



GEILS COURT

39 Geils Court,
Deakin ACT 2600
Ph: 6122 7878



A DEXA (or bone densitometry scan) tests for early assessment of risk of fracture due to osteoporosis.

Please bring your referral and any previous x-rays with you on the day of your examination.

WHAT IS A DEXA (OR BMD) SCAN?

A DEXA (dual energy x-ray absorptiometry) scan is a means of measuring bone mineral density.

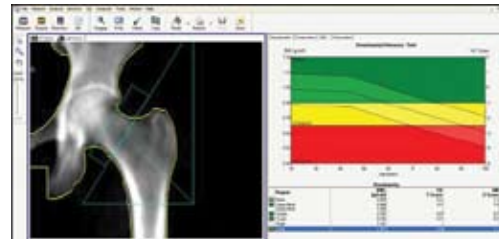
As you age bone density decreases placing you at an increased risk of fractures should you fall or injure yourself.

PREPARATION

No preparation is involved, however if you usually take a calcium supplement you will need to stop taking this 24 hours before your scan. Please advise the technologist if you have any metallic screws or pins in your hips.



Osteoporosis is a condition in which the bones become brittle and fragile from loss of minerals such as calcium, resulting in higher risk of fractures.



DO NOT schedule your DEXA-scan within one week of having a Barium Meal or Enema, an IVP, a nuclear medicine study or a CT Scan.

PROCEDURE

It is a simple procedure, involving no injections, and is not painful. You are required to lie on a table supported by a cushion whilst you are scanned.

WHAT DOES A DEXA SCAN MEASURE?

The DEXA scan measures bone mineral density, to detect possible osteoporosis.

When the bone density measurements are obtained, they are compared against a normal population of people of the same age, weight, sex, and also against normal young adults.

Your doctor will then use the results to assess fracture risk and decide if any treatment is required.

HOW LONG WILL THE PROCEDURE TAKE?

It takes approximately 20-30 minutes. After you have left, the technologist will analyse the results on the computer and give the results to a radiologist for interpretation.

